

COVID-19 Notification Process

Actions to take if you suspect or are tested positive for COVID-19

Possible Illness	Suspected COVID-19	Positive COVID-19	Travel Restrictions
<p>Feeling unwell with no KNOWN exposure to COVID-19 or travel to high risk areas as defined by CDC</p>	<p>Employee is seen/contacts healthcare provider because of symptoms & has been told of possible COVID-19</p> <p>Employee contacted by Public Health Department with possible exposure to COVID-19 (may or may not be symptomatic)</p>	<p>EMPLOYEE has been tested & notified of positive COVID-19 diagnosis</p>	<p>Employee has traveled outside of the U.S. &/or been on a cruise in the past 14 days</p> <p>Employee has traveled to an area for high risk for community spread as defined by government agencies</p>
<p>Stay Home</p> <p>↓</p> <p>Notify Supervisor & use normal lay-off procedures</p> <p>↓</p> <p>Monitor symptoms</p> <p>↓</p> <p>Follow normal return to work processes when appropriate</p>	<p>Stay Home</p> <p>↓</p> <p>Notify Supervisor</p> <p>↓</p> <p>Contact local Occupational Health Nurse (OHN)</p>	<p>Stay Home</p> <p>↓</p> <p>Notify Supervisor</p> <p>↓</p> <p>Immediately Contact RMCC at 888-877-7267</p>	<p>Stay Home</p> <p>↓</p> <p>Notify Supervisor</p> <p>↓</p> <p>Contact local Occupational Health Nurse (OHN)</p> <p>↓</p> <p>Contact local/state Health Depts. & comply with instructions</p>

Potential COVID-19 Signs & Symptoms

- Mild to severe respiratory illness
- Fever of 100.4 or greater
- Dry cough
- Difficulty breathing

Add'l Resources

- [Occupational Health Nurses](#)
- [Workforce Resources Business Partners](#)
- [COVID-19 Information](#)
- [Centers for Disease Control](#)

*Note: If there is not a local OHN available in your work location or you work in a dispatching center, regional office or UPC, please contact the Helpline at 402-544-7011

Employees should contact personal healthcare providers & local public health departments when appropriate throughout notification process for individual situations

